

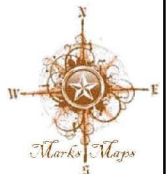
I Tri'd Kids Triathlon

5 to 15 years of age

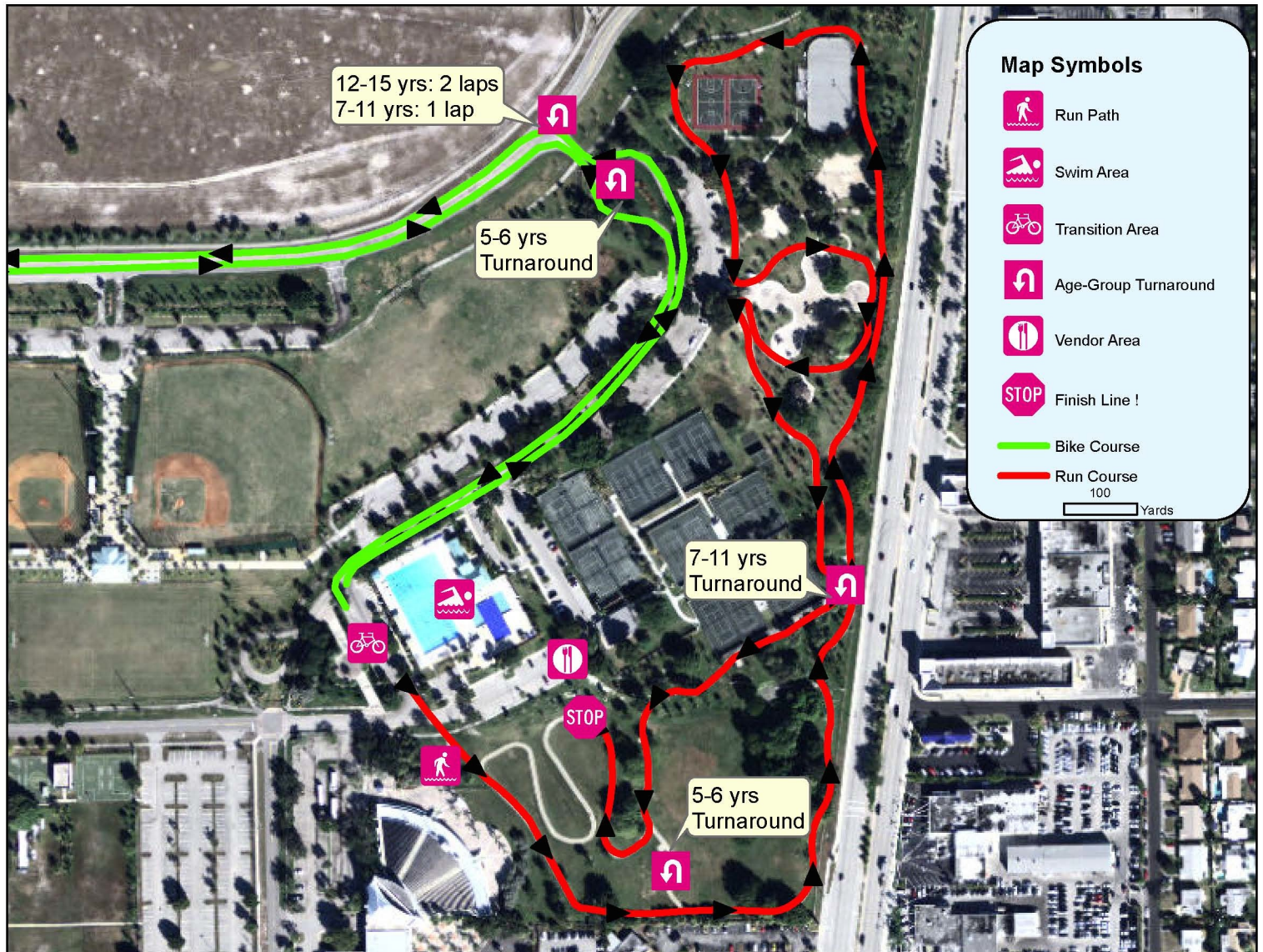
Pompano Beach Aquatic Center

Age Group	Swim	Bike	Run
5-6 yrs	25 yds	1/2 mile	1/4 mile
7-11 yrs	100 yds	2 miles	1/2 mile
12-15 yrs	200 yds	4 miles	1 mile

Presented By:
In The Zone
Event and
Sports Management



Interactive Web-Map and PDF available at:
<https://sites.google.com/site/mksmaps/cycling/kidstri>



Bike Course

